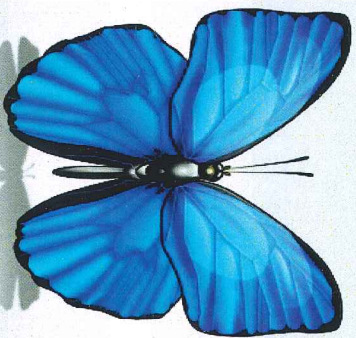


# Brief Intervention Counselling Service



You don't  
have to do it  
alone

**A free counselling facility offered to  
adults experiencing difficulties with  
addiction.**

**For more information please contact**

**Christine Keegan on 0404 64725**

**Funded through East Coast Regional Drugs Task Force**

This service is managed by the Wicklow Child & Family Project and delivered by 2 qualified counsellors 2 days a week in both Arklow and Wicklow Towns.

The purpose of the Brief Intervention Counselling Service is to meet the needs of the individuals affected by addiction issues. Clients are offered one to one brief intervention counselling to assist them in understanding and managing their substance use. The counsellors support the clients in making informed choices and decisions and assist them through a short series of goal focused sessions.

The Brief Intervention Counselling Service is based on an interagency approach to service delivery. All agencies coming into contact with people experiencing addiction work closely together to identify clients in need of this type of intervention.

## **Brief Intervention Counsellors**

Mr Adam Jensen

Ms Tracey O' Neill

