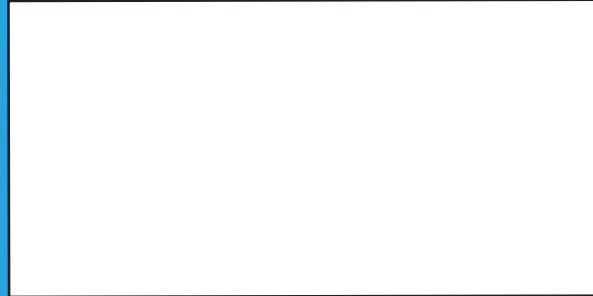


We will work in collaboration with you to assess and respond to your needs through a planned approach.

If you require the assistance of other services or agencies we will work with you to ensure you get the help you need.

How to Contact Us



Useful Numbers

**HSE Information Helpline
1850 241 850**

**National Counselling Service
1800 234 112**

**National Drugs Helpline
1800 459 459**

**Homeless Service
1800 724 724**

**Samaritans
1850 609 090**

**Console Suicide Helpline
1800 247 247**



Rehabilitation Integration Service

**HSE Addiction Services
CHO Areas 6&7**



Helping to discover the great things ahead of you

The Rehabilitation Integration service offers a holistic approach to help you address your substance misuse.



We can help you

- › **Explore options**
- › **Devise an action plan**
- › **Decide on a way forward**
- › **Achieve your identified goals**

We will assist you to develop your own personal care plan which will explore or address:

- › **Treatment options**
- › **Healthcare concerns**
- › **Further education**
- › **Legal/Court issues**
- › **Family or relationship concerns**

Your needs and goals will be central to the development and ongoing implementation of your care plan.

We will work with you at your pace to help you to progress through the different stages of your plan.



Who Can Access Our Service

The service is open to all individuals over 18 years of age who want to address their drug use and alcohol use.

Referral Process

The Rehabilitation Integration Service accepts both self referrals & referrals from other services and agencies.

This service is free of charge.